

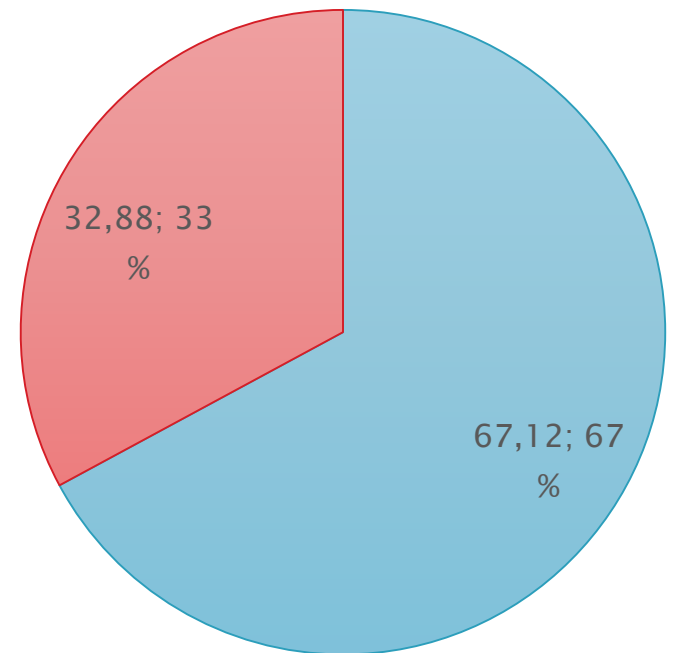
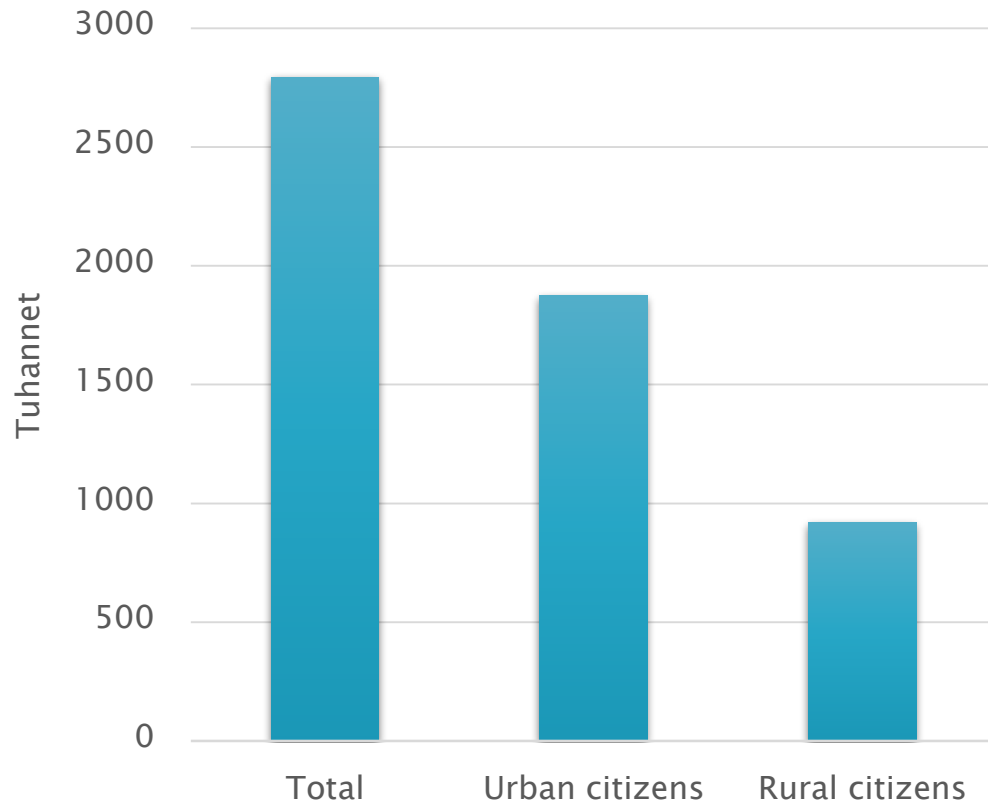


# Sport activities in community “Rietavas on move”

Laura Žlibinaite | 2019-09-20

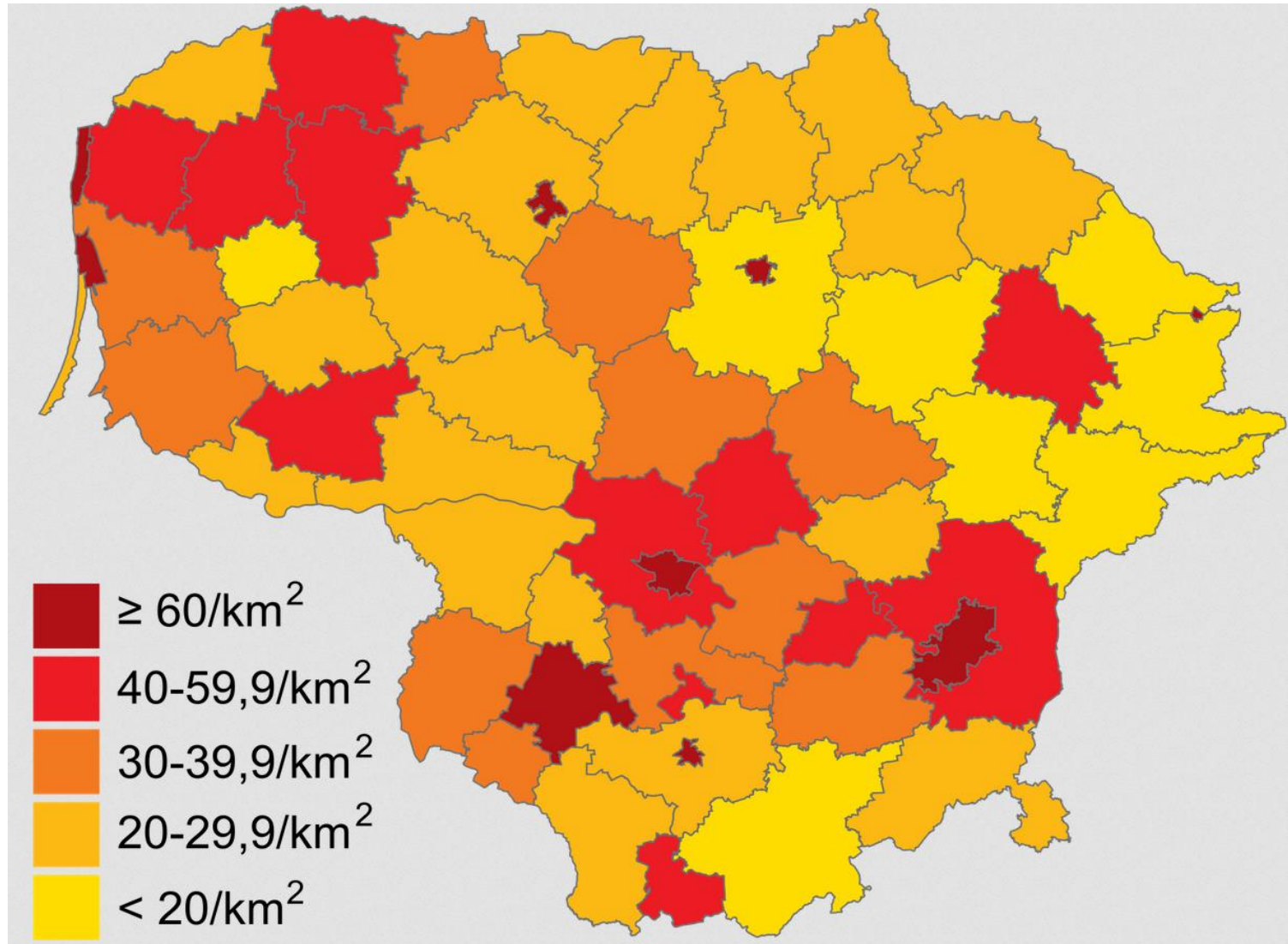


# Lithuanian population in 2019



Urban citizens Rural citizens

# Population density in municipalities of Lithuania



# Rietavas municipality

**Area** – 586 km<sup>2</sup>

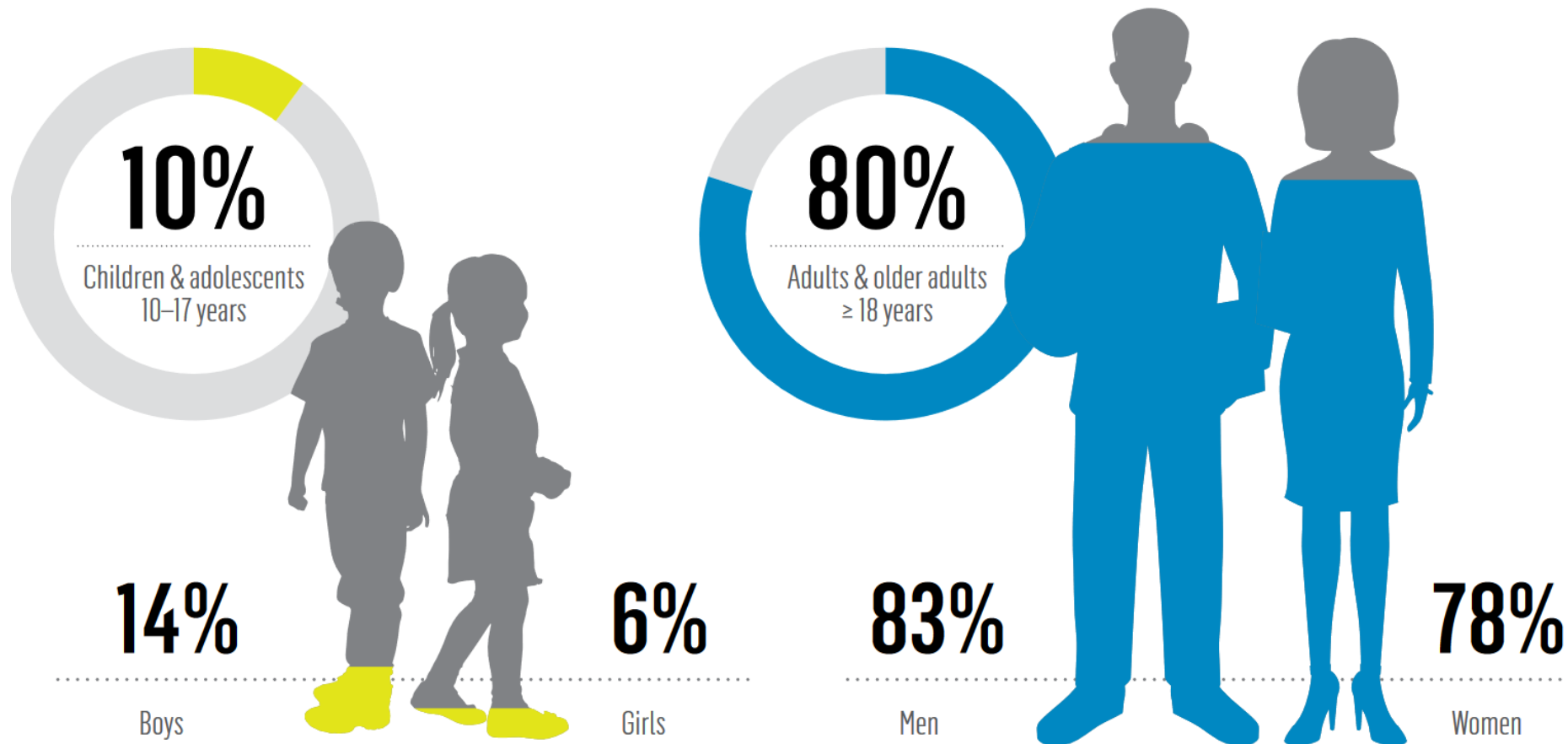
**Population** – 7 542  
(2018 years)

**Wards:**

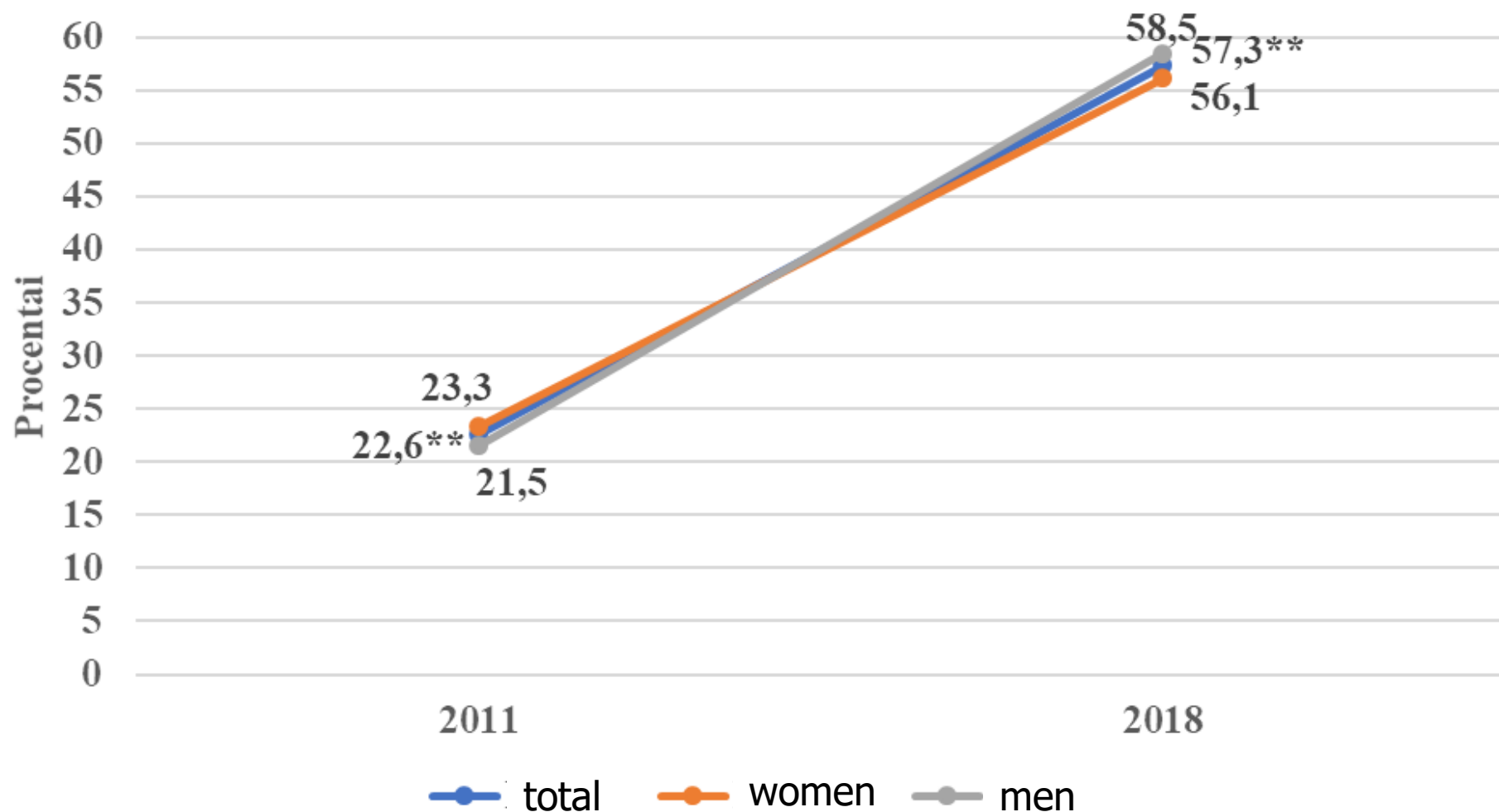
Daugėdai,  
Medingėnai, Rietavas  
town, Tverai



# Level of physical activity in Lithuania

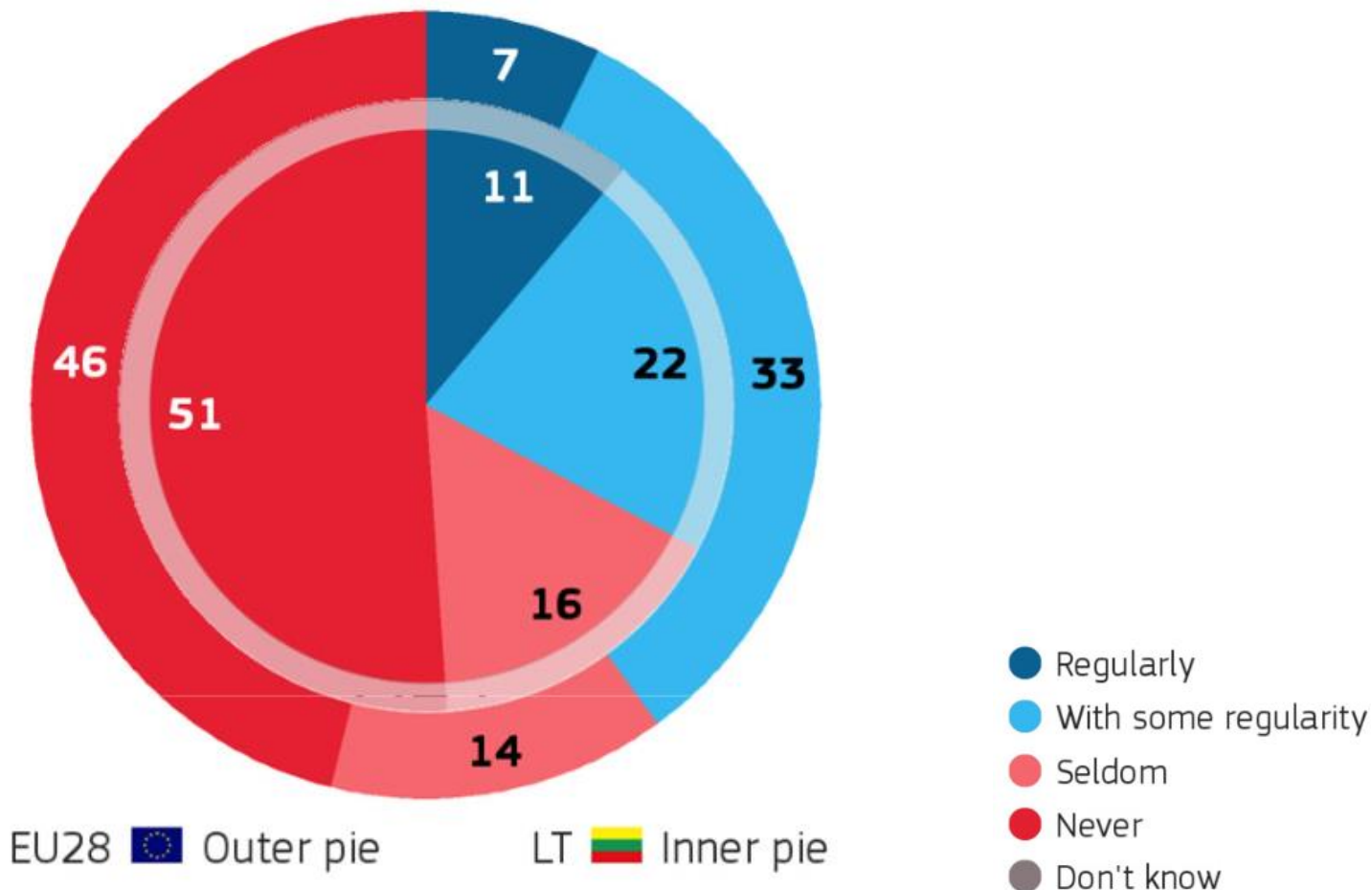


# Level of physical activity in Rietavas

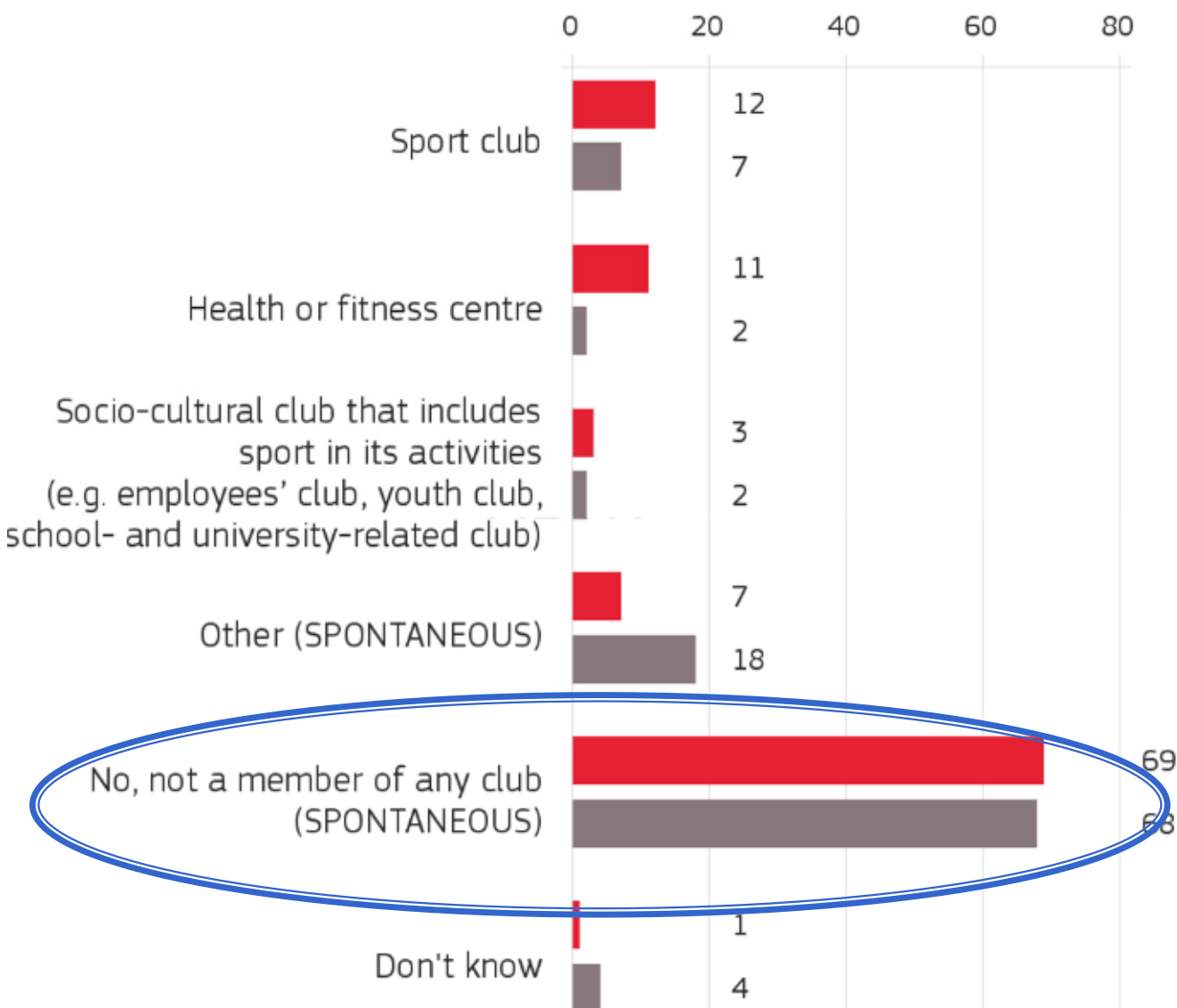


# How often do people exercise or play sport?

(%)



# Are you a member of any sport club?



EU28

LT

# STRONG RELATIONSHIP

physical activity adherence ↔ social support

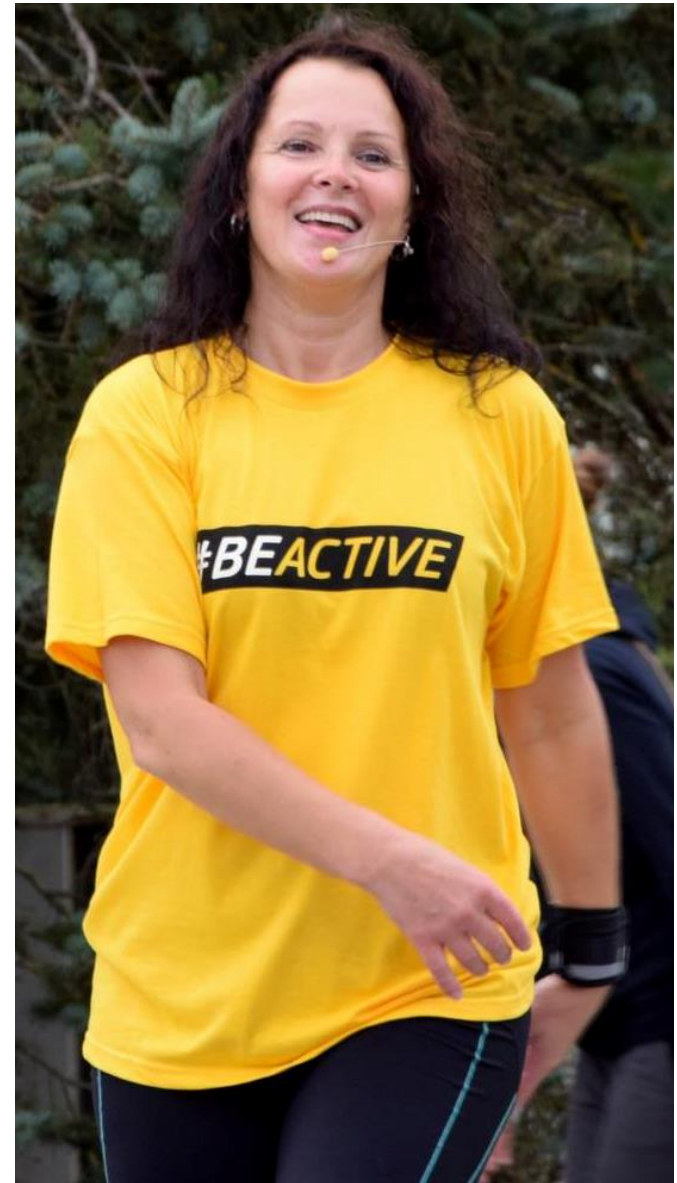


It has been shown that the risk of non-adherence is twice as high in those with no social support (DiMatteo, 2004).

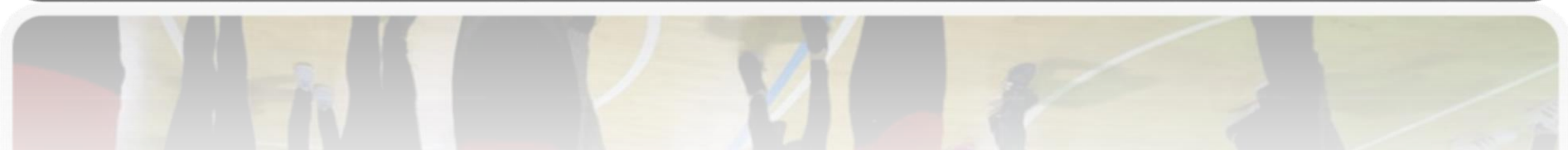
# Sport clubs in Rietavas:

No.	Name of club	Activities
1.	Tverų sporto klubas "Vykintas"	Multiple sports
2.	Liolių sporto klubas "Lokiai"	Multiple sports
3.	Medingėnų sporto klubas "Medingėnai"	Multiple sports
4.	Budrikių sporto klubas "Smūgis"	Multiple sports
5.	Daugėdų sporto klubas "Daugėdai"	Multiple sports
6.	Rietavo sporto klubas "Viesulas"	Children basketball and volleyball
7.	Sporto klubas "Greitukai"	Table tennis
8.	Rietavo futbolo klubas "Rietuva"	Football
9.	Rietavo skyriaus sporto klubas "Energija"	Sports for people with disabilities
10.	S. Kažukauskio „Sporto klubas“	Basketball
11.	Klubas „Rietavo gaja“	Women aerobic, dance, volleyball
12.	Krepšinio klubas „Rietavo liūtas“	Basketball

# Sport club “Rietavo gaja”



# Family sport event













# Cycling competition







# “Dance around the town” event









# Volleyball







# Wellness exercise



# Participation in national and international festivals





