



UC Leuven
Limburg

MOVING MINDS

**Social integration through
sports - G-sport Tienen vzw**





G-sport Tienen vzw



- Non profit organisation
 - Volunteers = teachers (#35)
- Financial situation
 - Participation fee (130 euro's/year)
 - Sportfederation Parantee-Psylos (600-1000 euro's/year)
 - Municipality (sport service) (1000 euro's/year)
- 4 sports: swimming, dance, tennis, gymnastics
- Individual people (#75), daycare centres (#2)



G-sport Tienen vzw





Main goal

- More people with disabilities 'on the move'
 - To have a choice → different sports (Autonomy)
 - To connect with each other (Bonding)
 - To feel good at a sport (Competence)*



Secondary goals

- Train the trainer
 - Motivate people to become a trainer (quality by supervision)
 - Become conscious of the importance of sports
 - Side-effects of sports (social life, health, ...)*
- Promote and support integration/inclusion in other clubs
- Inspire people, working with people with disabilities on the topic of sport
- Literally move the neighbourhood (municipalities, organisations, ...)
- ...

Bron: literature review Play'in Together (era+ sport)



Cooperation daycare

- Sports in daycare = not always for granted
- 2 important daycare centres in Tienen
 - Huis in de stad (= home in the city)
 - Delacroix (= name of founder) → more severe disabilities

→ possibilities? Common ground?



Cooperation daycare

- Huis in de stad: g-tennis
 - Use of mini van to transport the sporters
 - Test ride for insurance
 - More players can be transported
 - Search for volunteers to help us with the ride
 - If we go to a game/competition of g-tennis
 - Participant fee/membership= not fixed → difficulties can be discussed
 - Integrations in regular tennis club → getting to know each other + being aware that these sporters are = sporters (drinks afterwards)



Cooperation daycare

- Delacroix: g-dans
 - Adapted because of age: chair dance, slowing down music, ...
 - In the daycare center ⇔ sportshall
 - Lack of staff to do transfer
 - Only 8 people can join (how many in 1 van)
 - Participant fee not fixed → depending on amount of sporters + no rent for accomodation
 - Bonding with the staff → easy contact for other sports, activities, ...



Inspiration

- Era+ sport PLAY'in TOGETHER
 - Game development and try out
 - Inclusive games
 - Olympic and Paralympic values
 - Lesson schedules (with adaptations)
 - <https://playdagogy.org/en/>
- EU project: www.ActiveLocalEurope.eu
- Movement bank: <http://www.ipitup.be/>
- BOV: bewegen op verwijzing → become active on prescription

PLAY 'IN Together



ERASMUS + SPORT

With the support of the
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Inspiration

- Internships UCLL or sportsclubs or Huis in de stad or Neighbourhood services
 - Karine.hindrix@ucll.be (UCLL)
 - elisabeth.cans@ucll.be (clubs)
 - tine_devos@me.com (huis in de stad)
 - sofie@lampeke.be (social community worker – moving neighbours)



The end



Bron: at 15/9/2019 retrieved from <https://als.be/nl/communiceren-via-SMOG>